



INTERNATIONAL
ICE HOCKEY
FEDERATION

IHF

WORLD ICE HOCKEY CHAMPIONSHIPS

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2006





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THE GAME TODAY

Some thoughts on what we need to do, in order to increase our goalscoring chances!





EFFECTS OF THE NEW INTERPRETATION OF THE RULES

- Less holding, hooking, and interference
- Goalies movements have or will be limited
- More power play situations



Improve our Shooting

- Shooting machine
- Summer training
- Strength improvement
- Video
- Practice, practice, practice.....



IIHF

Title of Presentation



Shoot the Puck!

Shoot to create a loose Puck

- From the boards aim at the „five hole“
- Puck 20 – 30cm. off the ice
- Second player „middle lane drive“
- Over the blueline „Think shot!“





GOALIES



1980



2006



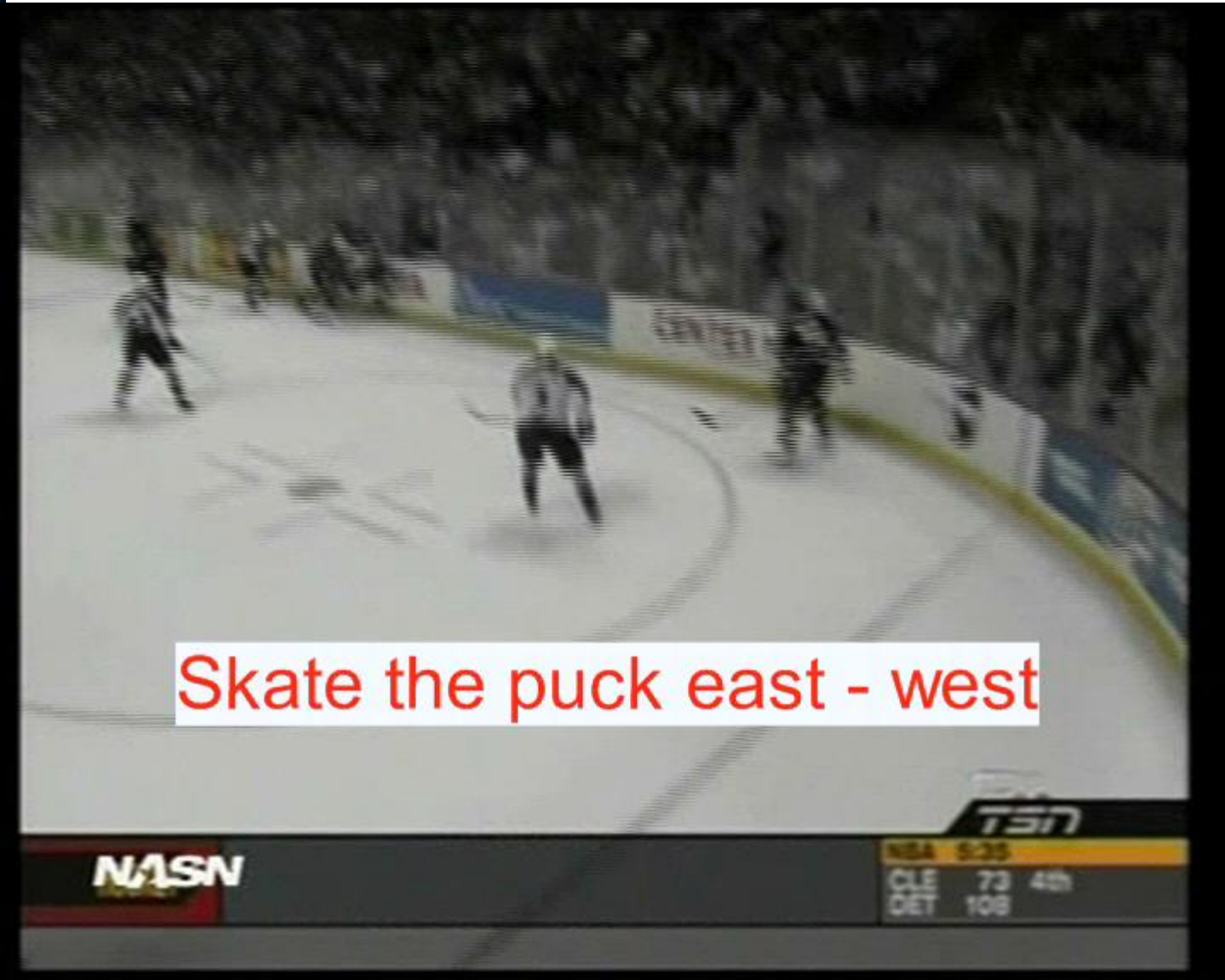
GOAL TENDING HAS CHANGED!

- Equipment is lighter and bigger
- Goalies are more Athletic
- Highly skilled
- Personal coaches



HOW DO WE BEAT THE GOALIES?

- Make the goalie move with skating and passing
- Puck movement (east – west)
- One Timers
- Quick release
- Create rebounds
- Get in front – screen
- Deflections



Skate the puck east - west



DEFENCEMEN

- Get the puck „to“ the net
- Get to the middle and shoot – wrist shot
- „One timer“
- Shoot wide of the net – get the puck behind the defenders

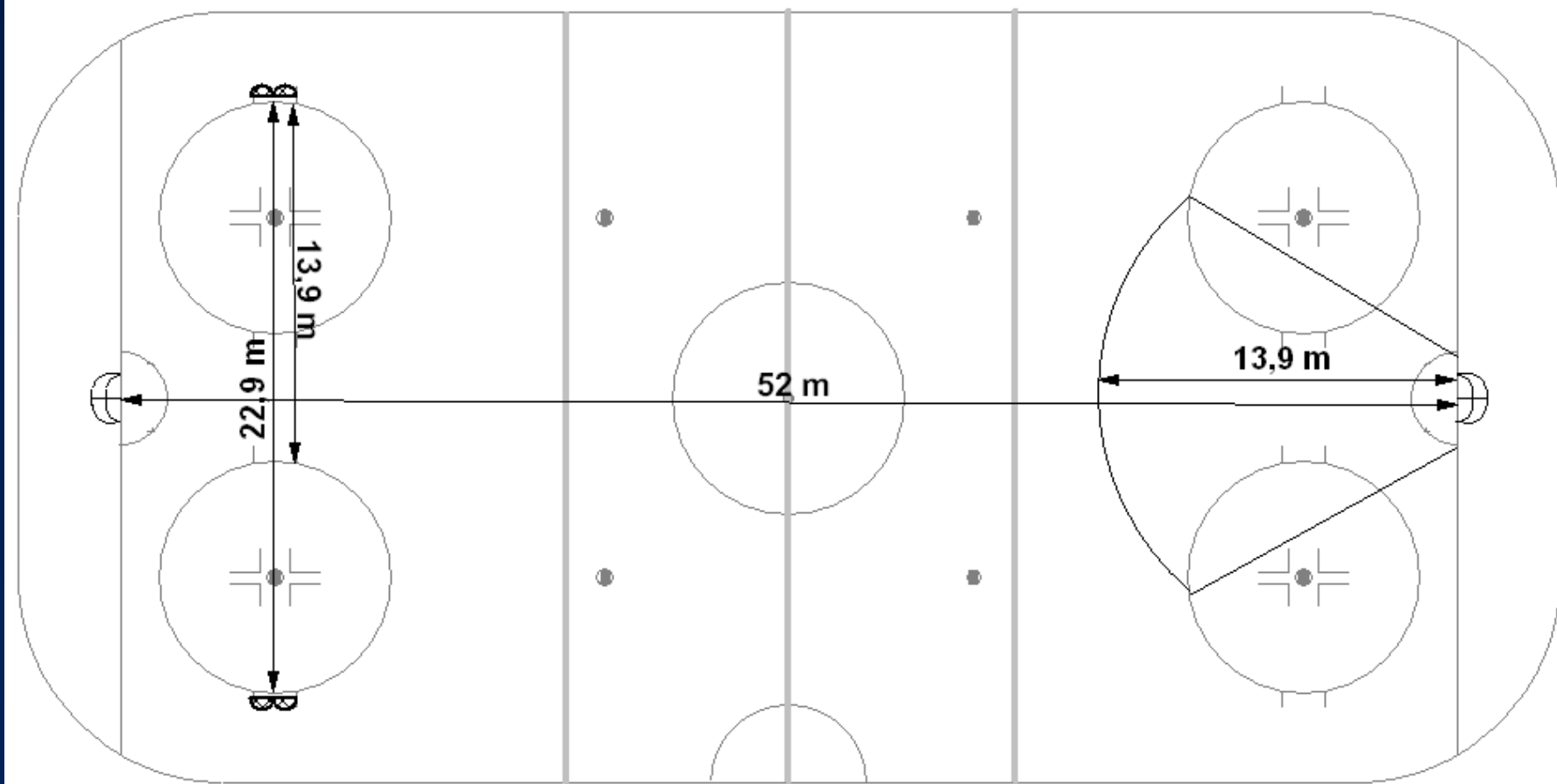




PRACTICE

Create more opportunities to score:

- Individual time to practice shooting
- Create more scoring opportunities and situations in practice through small area games
 - cross-ice and ½ ice games









THANKYOU FOR YOUR
ATTENTION

AND

I WISH YOU ALL THE
SUCCESS

IN THE GREATEST GAME
ON THE EARTH!!!!