



INTERNATIONAL
ICE HOCKEY
FEDERATION

Player's Perspective on Offensive Hockey

2006 IIHF International Coaching Symposium

Jan Alston





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- Born April 14th, 1969 in Granby, CAN
- Citizenship CAN - SUI
- Professional since 1990
- Played in:
 - Italy
 - Germany
 - Switzerland
- Playing for ZSC Lions Zürich since 2001
- 2 Championships with Mannheim Adlers, in Germany
- Part of the IIHF World Championship gold medal winning team - Team Canada - in 2003



Introduction to the topic

- Players have requested changes for so long
- IIHF Rule enforcement – the answer
- Adjustments
- Requirements



Adjustment and Transition

- Old Game >< New Game

- FUN

- Puck control, skating and creating scoring chances

- Purpose behind hard work



Tools Required in New Offensive Hockey

■ Skating

- Respect of the speed

■ Skills

- Slick tricks

■ Fitness level

- Defensive part of the game

■ Hockey Intelligence

- Smart players will carry you a long way



2005-2006 NHL Season

■ Goal-scoring takes the biggest jump in 75 years

- Goal scoring since 1996-97

Season	Avg.goals/game
2005-06	6,1
2003-04	5,1
2002-03	5,3
2001-02	5,2
2000-01	5,5
1999-00	5,5
1998-99	5,3
1997-98	5,3
1996-97	5,8



Most 50-goal, 100-point scorers in a decade

Number of 50-goal scorers
since 1995-96

2005-06	5
2003-04	0
2002-03	1
2001-02	1
2000-01	3
1999-00	1
1998-99	0
1997-98	4
1996-97	4
1995-96	8

Number of 100-point scorers
since 1995-96

2005-06	7
2003-04	0
2002-03	3
2001-02	0
2000-01	2
1999-00	0
1998-99	3
1997-98	1
1996-97	2
1995-96	12



Players post Huge Point Gains

- Eric Staal (Carolina Hurricanes)
 - 2003-04 – 31 points
 - 2005-06 – 100 points
- Brian Gionta (New Jersey Devils)
 - 2003-04 – 29 points
 - 2005-06 – 89 points
- Teemu Selänne (Anaheim Mighty Ducks)
 - 2003-04 – 32 points
 - 2005-06 – 90 points
- Andy McDonald (Anaheim Mighty Ducks)
 - 2003-04 – 30 points
 - 2005-06 – 85 points
- Joe Thornton (San Jose Sharks)
 - 2003-04 – 73 points
 - 2005-06 – 125 points



NEW GAME



Questions and Answers





Conclusion

„ Now when you're on the ice, you just go non-stop and it's hard. You come off the ice completely winded. Playing hockey is fun.“

Brendan Shanahan
(Detroit Red Wings)