



IIHCE

GOALIE COACHING - From analyze to practise

Hannu Nykvist



ANALYZE

- What we need to analyze ?
- Man is running!
- What we can analyze ?
- The most important question is _____?



GOALIE COACHING

- Club / Team strategy
- Resources
- Systematic planning
- Individual ice time
- Co-operation
- Objectives for goalies and for players

HOW TO ANALYZE

- Individual meetings (set objectives)
- Practises (individual + team ice time)
- Statistics (game analyze)
- Video

WHAT TO ANALYZE

- CHARACTERISTICS
- Physical
- Mental
- Game skills
- HOCKEY SENSE
- Understanding the game
- Game reading
- Decision making

PLAYING THE GAME

- SCORING SITUATIONS
- Point shots (angle)
- Shots from point pass
- Shots from lateral pass
- Shots from cross pattern
- Walk-outs
- Rushing the goal
- Screen shots
- Deflections
- Rebounds
- Break-aways
- Others.....
- PLAYER / GOALIE CO-OPERATION
- In defensive play
- (1-1, 2-1, 3-2, penalty killning, close attack situations.....)
- In offensive play
- (break-outs, ged rid of puck....)

MY PLAN FOR COMING SEASON

- Club
- Team
- Recourses
- Ice time
- Objectives
- Implementation
- Follow-up
- Feedback

THANK YOU – KIITOS !