

"Developing a Team-First Attitude"

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" You don't coach hockey
you coach people "

First Who Then What

" Get the right people on the bus
Get the wrong people off the bus
Get the right people in the right
seats "

Jim Collins

" Good to Great "

" Simple is better "

Jacques Lemaire

NHL Stanley Cup Winner

as Player and Coach,

NHL Hall of Fame Member

HOW GOOD CAN I BE ?

HOW GOOD CAN **WE** BE ?

" The ultimate test of a great team is results "

Patrick Lencioni

" The Five Dysfunctions of a Team "

" Get it done "

Raymond Bourque

NHL Stanley Cup Champion

Colorado Avalanche - 2001

**" Talent wins games,
discipline and teamwork
wins championships "**

Larry Robinson

Head Coach

New Jersey Devils

NHL Champions - 2003

" Building a **Team-First** attitude
is based on common sense "

Work together

Grow together

Win together

Claude Julien

Head Coach

Montreal Canadiens

10 Traits of Great Teams

1. Great work ethic
2. Great discipline
3. Relentless intensity
4. Great leadership
5. Relentless preparation

6. Great team chemistry

7. Great commitment / buy-in

8. Tremendous team trust

9. Great resilience

10. Great team pride

**" The most important trait
of a great team is**

Great Goaltending ! "

The **G.A.G.G.** Rule

" **Get a Great Goalie** "

" Keys to Great Goaltending "

1. **Have fun**
2. **Be the guy – exude confidence**
3. **Compete**

Sean Burke

NHL goalie – 17 years

Team Canada – 9 times

TEAM IDENTITY

TEAM DISCIPLINE

TEAM COHESION

TEAM CHEMISTRY

TEAM - BUILDING

TEAM TRUST

TEAM CONFIDENCE

TEAMWORK

TEAM SPIRIT

TEAM - FIRST

" There is no **I** in TEAM "

" There is an **I** in TEAM "

I = Individual

I = Input

I = Ice time

I = Ink

TEAM

Together

Everyone

Achieves

More

" One finger can't lift a pebble "

Phil Jackson

Head Coach

L.A. Lakers, Chicago Bulls

9 NBA Championships

Wolfpack mentality

" For the strength of the Pack
is the Wolf, and the strength
of the Wolf is the Pack "

Rudyard Kipling

" If you live among wolves
you have to act like a wolf "

Nikita Khrushchev

" A fox is a wolf who
sends flowers "

Ruth Weston

"ME or WE" ?

ME



WE

The disease of me

**" Any team afflicted with the
disease of me is on the path
of self-destruction "**

Pat Riley

"The Winner Within "

Team identity

" When other people see us -

What do they **see**,

What do they **say** " ?

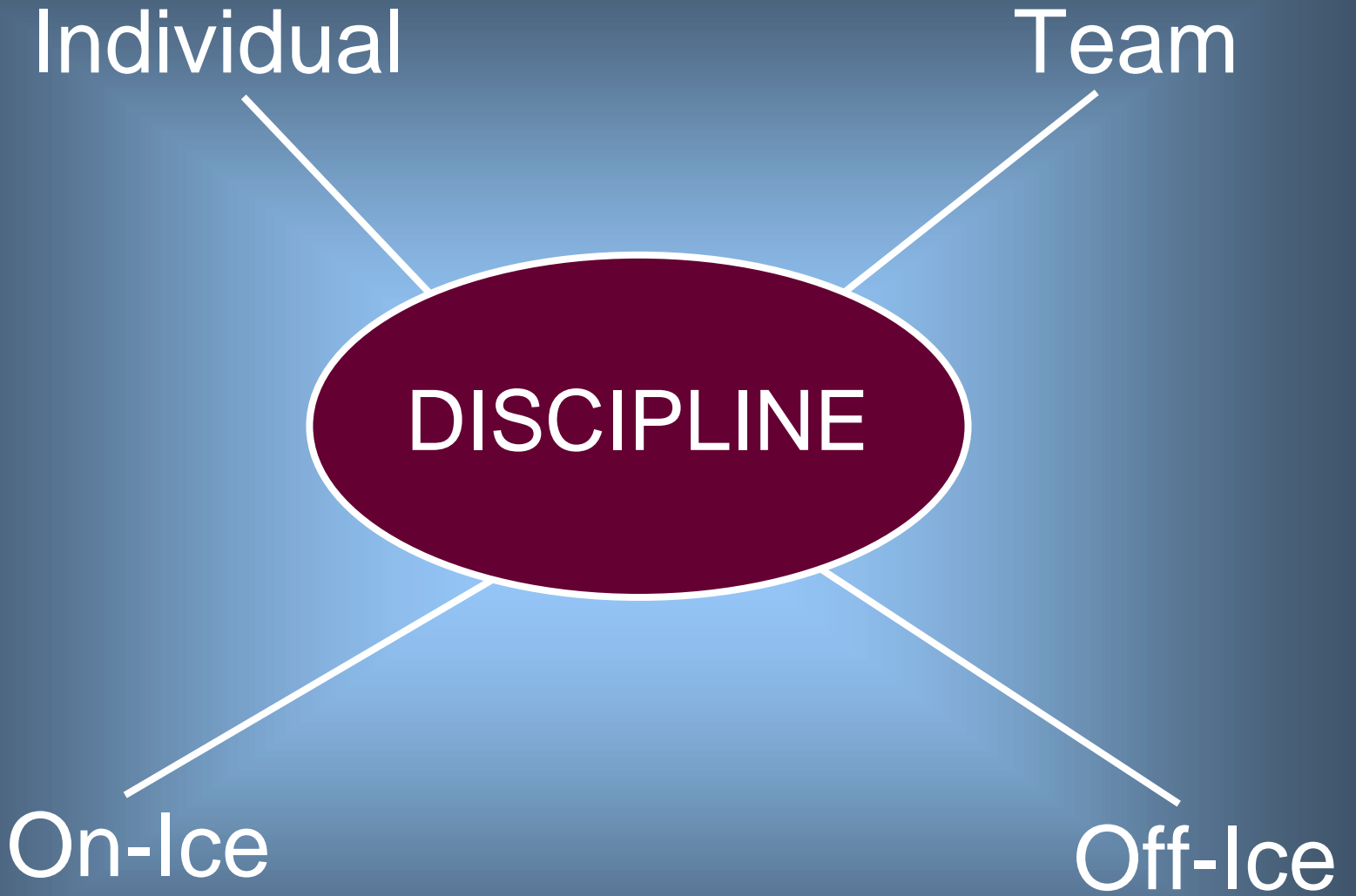
" A big part of our team identity is that we are the hardest working team in the league "

Adam Foote
Colorado Avalanche

" Establish a culture of discipline "

Jim Collins

" Good to Great "



ON-ICE DISCIPLINE

1. No retaliation penalties – "Walk away"
2. No criticism of officials
3. No trash-talking opponents
4. Short shift hockey
5. Playing the system
6. Playing your role

OFF-ICE DISCIPLINE

1. On time for meetings (B.O.T.)
2. Dressing room habits – clean, neat
3. Behaviour in public – restaurants, airports,...
4. Comments to media about the opposition
5. Commitment to fitness training
6. Nutrition / hydration
7. Sleep / rest

**" The key to our success
is **structure** on and off
the ice "**

Bob Gainey
General Manager
Montreal Canadiens

Creating a Team-First Attitude

1. Define Team-First attitude
2. Get respected Team-First leaders
3. Modeling of Team-First teammates
4. Recognize and reinforce Team-First contributions
5. Reward Team-First actions
6. Use peer pressure to get accountability

Team-First Attitude

- ◆ Unselfish / selfless
- ◆ No Ego
- ◆ Disciplined
- ◆ Control their emotions

- ◆ Look for ways to lead
- ◆ Play with pain
- ◆ Do the "little things"
- ◆ Care for their teammates

Team-First Players

1. Put their personal goals aside
2. Buy into team goals
3. Think Team-First every day
4. Display Team-First actions

5. Sacrifice their bodies to help the team win
6. Play with pain to help their team
7. Help teammates who are struggling or not playing
8. Welcome new teammates to the team

9. Take great pride in doing the "little things" it takes to win

10. Park their egos at the door and display unselfish actions

Team-First Attitude

"Everyone parked their ego
in their back pocket "

Craig Rivet

Team Canada

World Champions - 2004

The Ultimate Team Player

15, 16, ..18,...21,.....32,40

Steve Yzerman # 19

Captain, Detroit Red Wings

Stanley Cup Champion – '97, '98, 2002

Team Canada – Gold Medal,
Salt Lake Olympic Games - 2002

Steve Yzerman's three hattricks :

- 1. Star player – three goals**
- 2. Leader – PP goal, PK goal, even strength goal**
- 3. Winner – blocked shot, big face-off win, big penalty kill**

Team Spirit

“ Steve Yzerman became synonymous with **selflessness** on the ice. He was the scoring star who had turned himself into the total player.....

“.....Steve had twice finished third in the NHL scoring race but he decided, in the name of winning , that he would prefer to to block shots, kill penalties and backcheck .”

**Douglas Hunter
“ Yzerman: The Making of a Champion”**

" We could get
beaten, but we will
never get outworked "

Steve Yzerman # 19

Captain, Detroit Red Wings

1997 NHL Playoffs

19 on Playing through Pain

You've got to play through it,
you've got to figure out a way"

Steve Yzerman # 19

NHL Playoffs - 2002

Team Spirit

" A willingness to lose oneself in the group for the welfare of the group "

Coach John Wooden

Head coach, UCLA Basketball

10 time NCAA champions

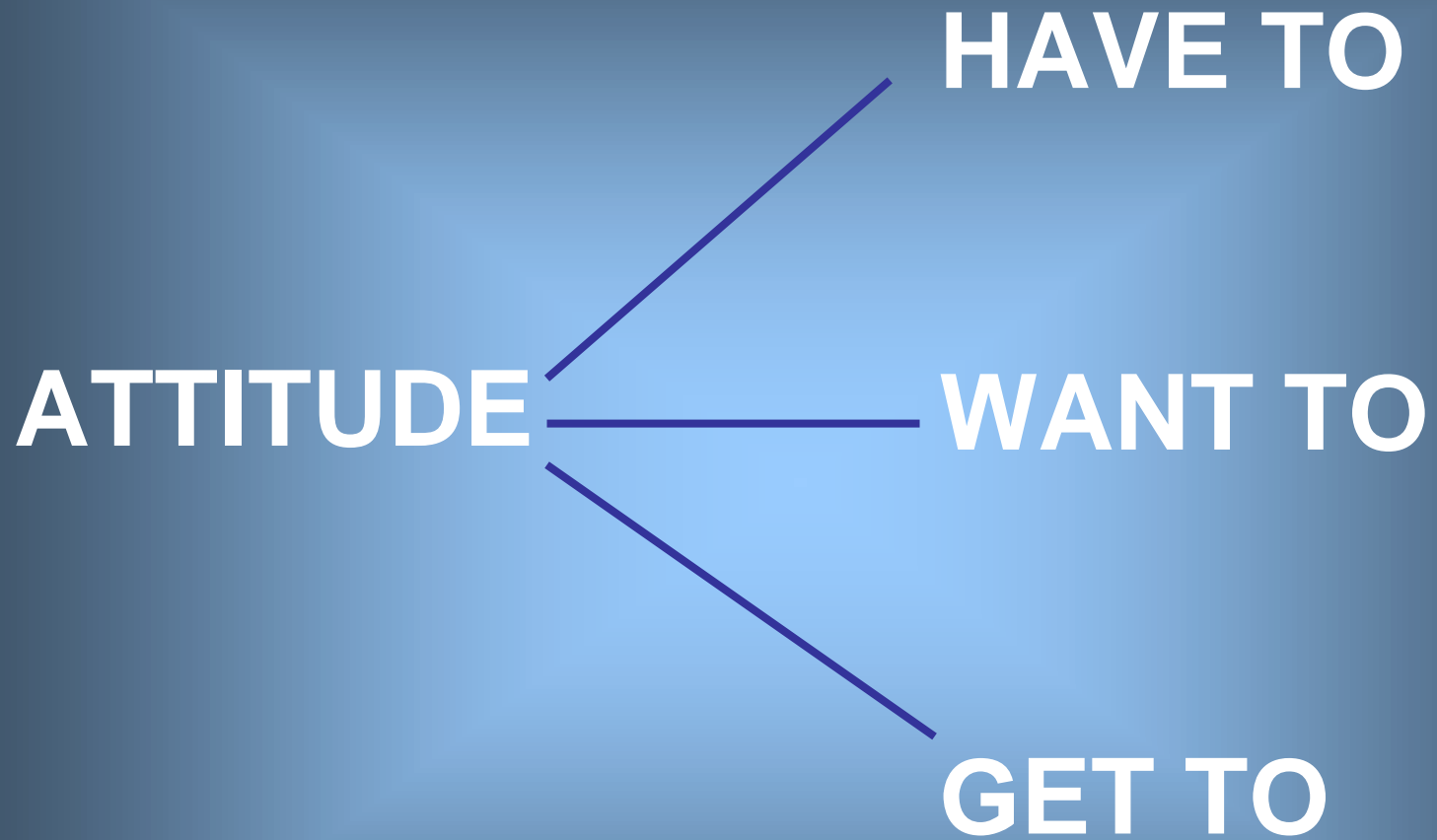
Team Spirit

" An **eagerness** to lose oneself in the group for the welfare of the group "

Coach John Wooden

Head coach, UCLA Basketball

10 time NCAA champions



" GO DEEP "

HEAD



HEART



GUTS



- - - - -

HEAD



HEART

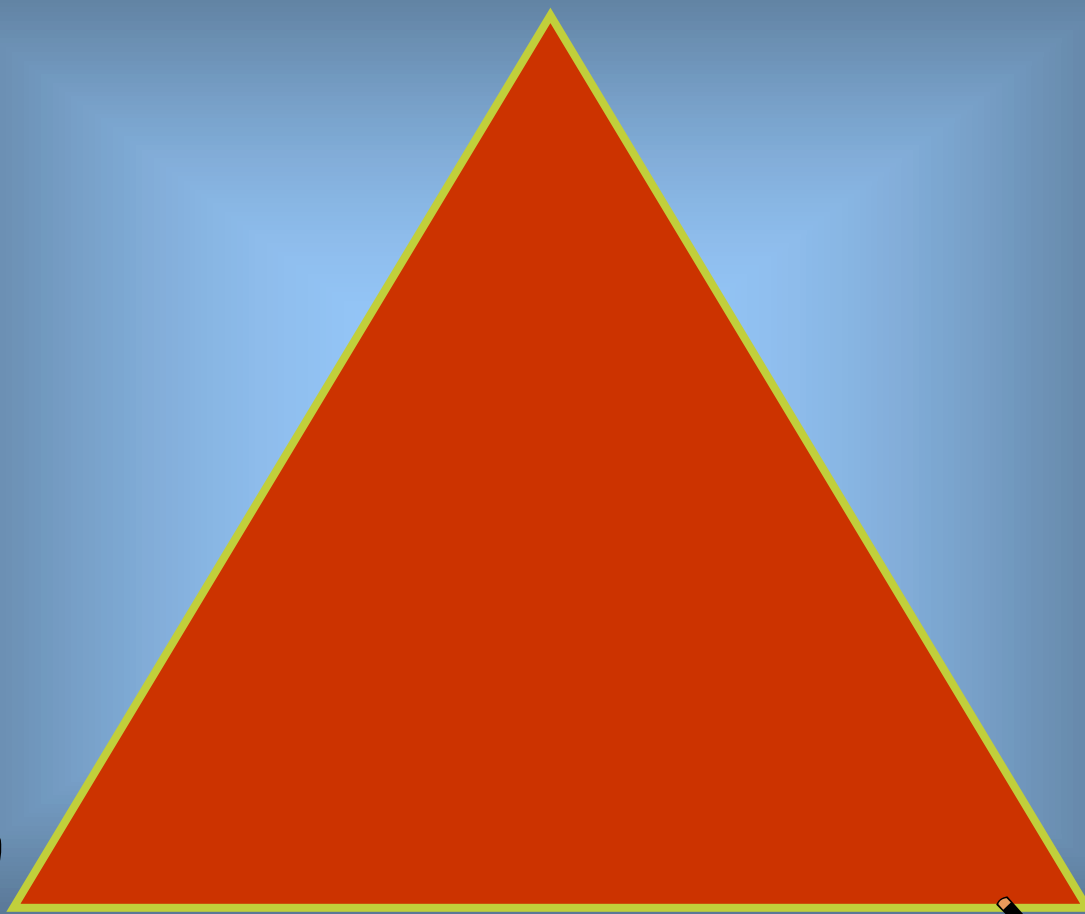
BODY

MENTAL



EMOTIONAL

PHYSICAL

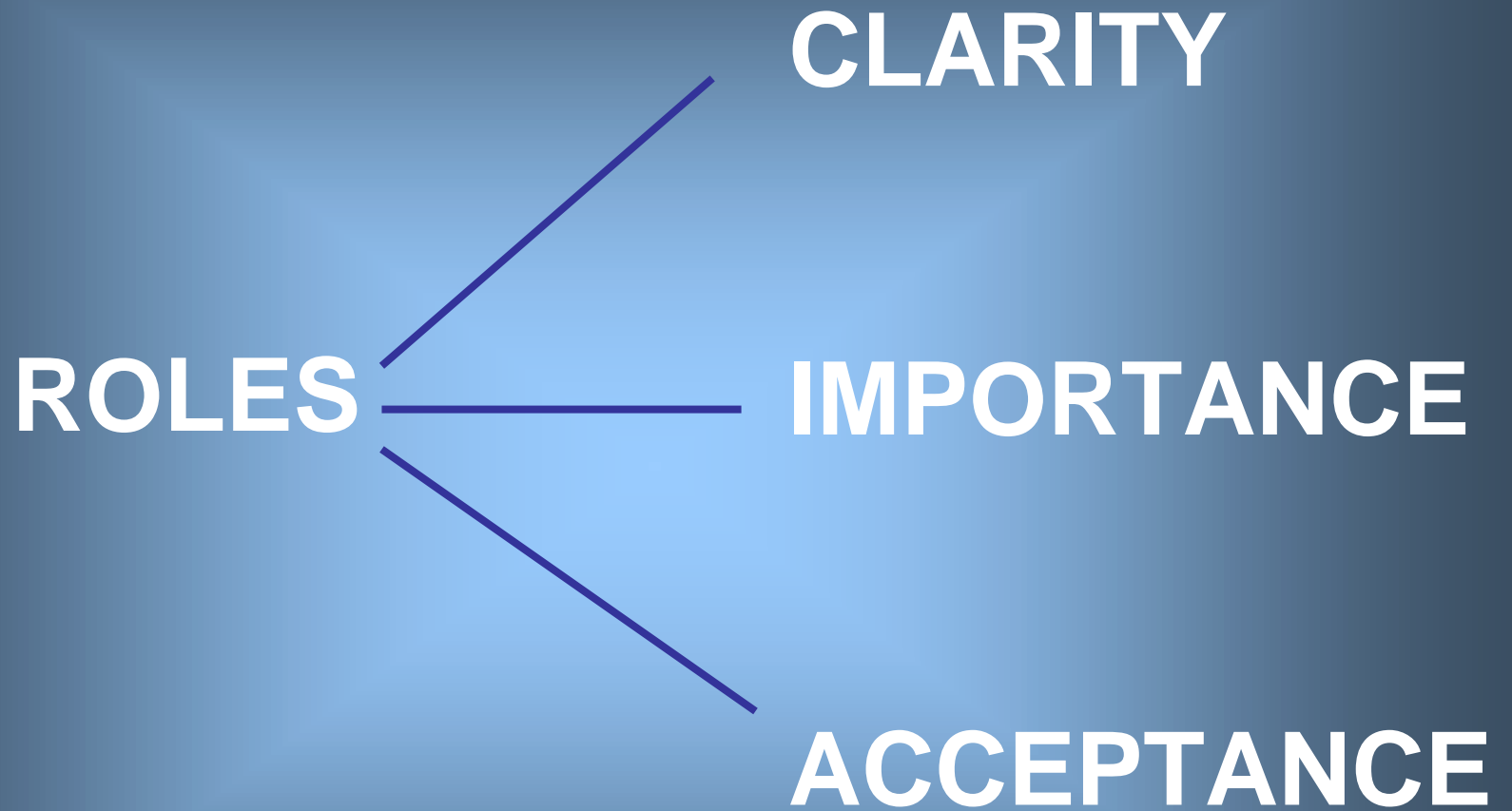


" Will beats skill "

Pat Quinn

Head coach

Tem Canada



" Make the
unnoticed noticed "

Pat Lafontaine

NHL Hall of Fame Player

New York Islanders

FIND A WAY TO LEAD

FIND A WAY TO CONTRIBUTE

**FIND A WAY TO MAKE A
DIFFERENCE**

FIND A WAY TO WIN !

"Making a difference"

- 1. Blocking shots**
- 2. Winning important face-offs**
- 3. Big penalty kill**
- 4. Tempo hits – creating energy**

5. Winning loose puck battles to clear the zone

6. Drawing a penalty by moving your feet, or battling hard in the corner or on the wall

7. Showing discipline by "walking away"

8. Great backcheck – tracking back hard, creating backside pressure and stripping puck from opponent

9. Great pass – great play

10. Big goal – big save

" Be a difference – maker ! "

28 BERTRAM 

MAKE A DIFFERENCE

87





E O

MAKE A DIFFERENCE!

27 1987-88

19 1987-88

WARRIORS



" There is nothing like the fear of
letting down **respected**
teammates that motivates
people to improve performance "

Patrick Lencioni

"The Five Dysfunctions of a Team"

" Create a culture of
accountability "

" Players should be held
accountable for their actions
and for their contributions "

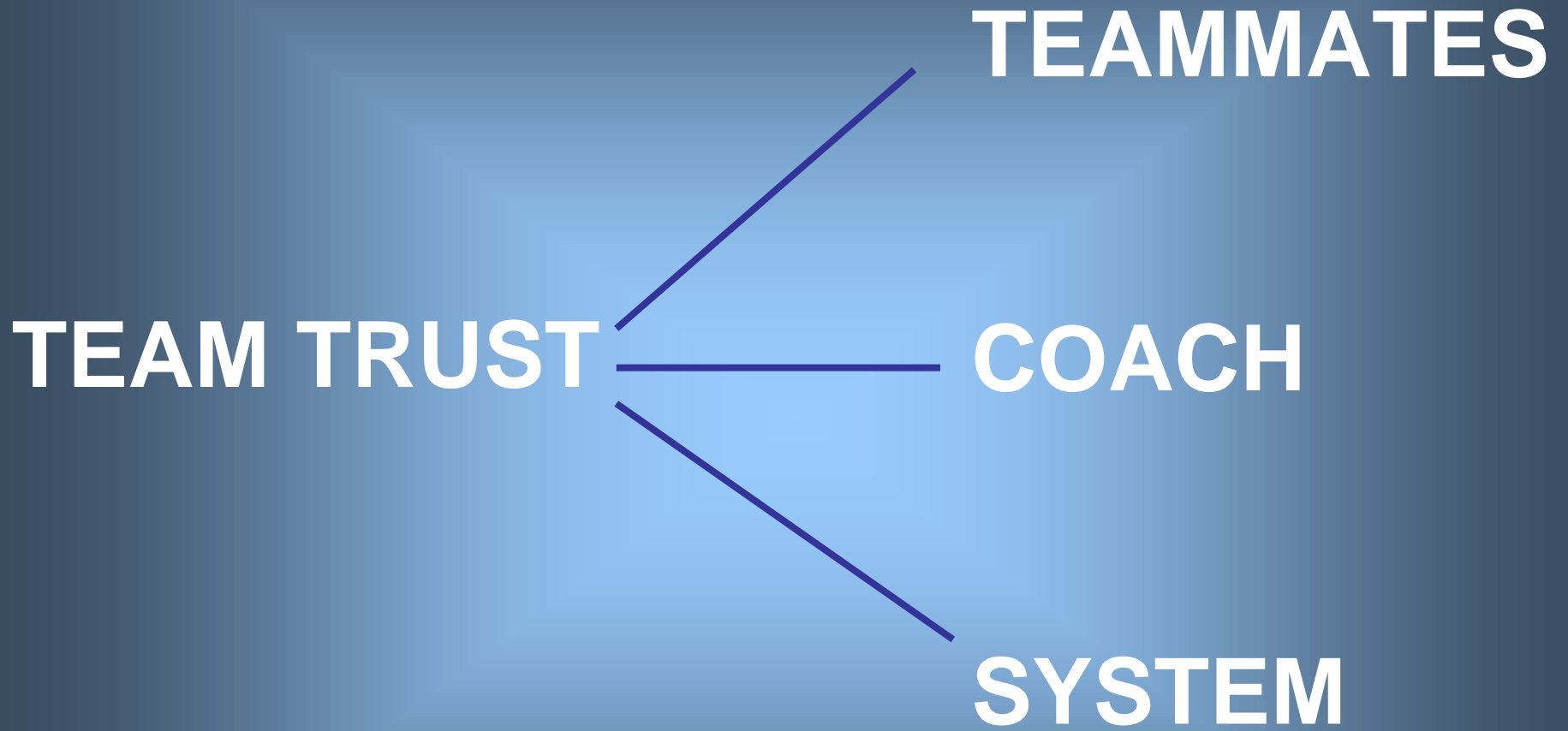
" Players should be
made **accountable**
to each other "

" The enemy of
accountability is
ambiguity "

" One of the most difficult challenges for the leader on a team is to encourage the team to serve as the first and primary accountability mechanism "

" Shift rewards from individual performance to team achievement "

" The collective results
of the team must be
more important than
individual team
member's goals "



" The **system** will always
be your best friend "

Clement Jodoin

Assistant Coach

Montreal Canadiens

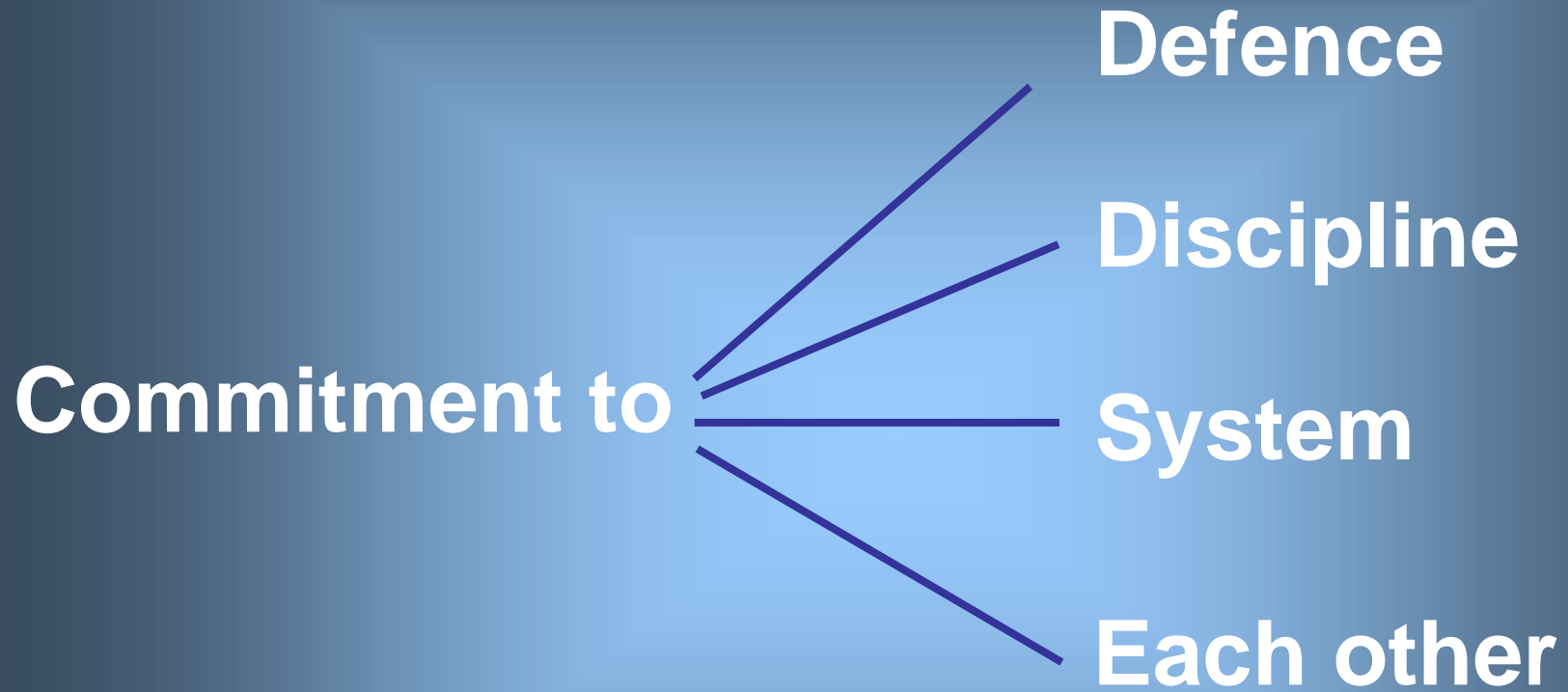
T³ = Tremendous Team Trust

= Knowing vs Hoping

C'S to Team Success

- ◆ Commitment
- ◆ Cohesion
- ◆ Communication
- ◆ Character

- ◆ Composure
- ◆ Confidence
- ◆ Consistency



" When it comes to
commitment there is
no half-way, you're
either in or out "

Pat Riley

Head Coach

L.A. Lakers NBA Champions

**CONFIDENCE
TRUST
BELIEVE**

IN

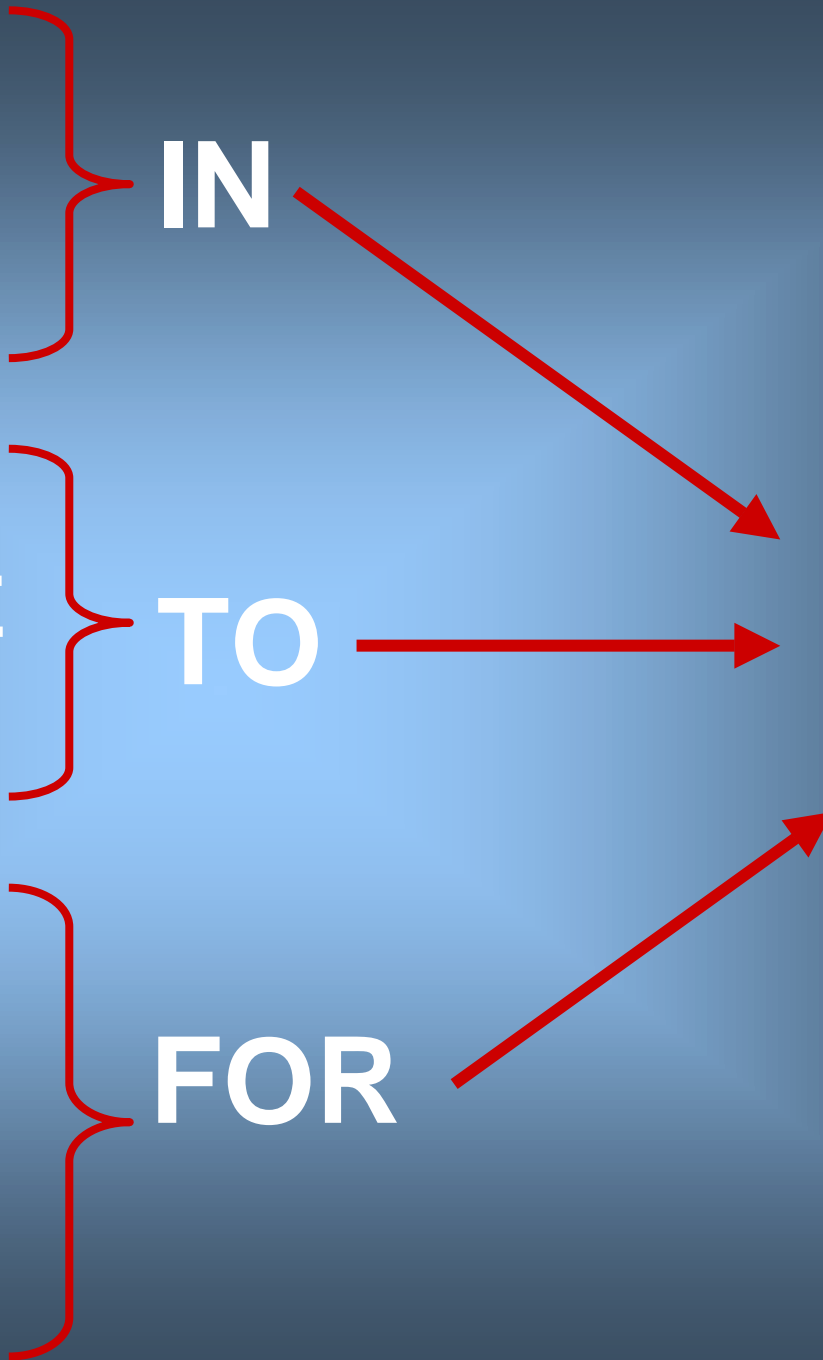
**RESPONSIBLE
ACCOUNTABLE
COMMITMENT**

TO

**SACRIFICE
PAY THE PRICE
PLAY
BATTLE
CARE**

FOR

**EACH
OTHER**



" It's all about
memories "

Wayne Cashman
Team Canada

Related Reading

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