

Creating chances

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Manuele Celio



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Creating chances

- Good habits at the slot
- Puck to the net
- Shooting
- Make it difficult for the goalie
- Second effort
- Flat attack 1-2-3-4 → Involve the D's!
- Practice



Good habits at the slot

- Daily work from 10-16 year old athletes
 - automatically – always
- Most important part of the drills
- Strong and determinate
- Second effort



Puck to the net!

How to increase the scoring efficiency?

- East-West movements
- True the opponents
- Crossing the middle axis
- Fast – hard – unexpected
- If possible high against butterfly
- Always hit the net!!

Shooting

- Shooting position - technique
 - Time, space, distance and angle to the net are determinating the art of shooting:
 - High - low
 - Near post - far post
 - Shooting for rebound
 - **One timers**
 - Wrist or snap shot
 - Slap shot
 - Backhand

Make it difficult for the goalie!

- Screens

- Goalie can't stop what he can't see!
- Screen the release (move/cross-over)
- Roll for second shot
- "Shooter tries to hit his team-mate"

- Deflections

- Always see the puck
- Change direction of the puck



Second effort

- Rebounds

- Ready → stick on the ice, read the shot
“Hope the shooter is not scoring”
- Distance: skate to the puck
- Angle: right or left hander?
- Quick → high/low/move
- 1.Low screen 2.High screen 3.Far post



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Flat attacks 1-2-3-4

- Involve all the players into the offensive game
 - Basic
 - Nr. 1 Puck to the net → be dangerous!
 - Nr. 2 Net drive and screen
 - Nr. 3 Far side, same height as the puck carrier
 - NR ④ First D high slot
 - Nr 5 Second D read and react



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Practice

- Principals

- Always do something before you shoot!
- Always stay for a second action/effort
 - For rebounds, screens/deflections, 2. puck
 - As an opponent player for: moves/screenshots pressure → force puck protection



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Practice

1. Think in long terms
2. Patience
3. Details are important
4. Repetitions create the good habits
5. Drills: simple, clear goal and **game-like**



Practice → message to the coaches

- How often are we practicing in purpose to create chances and score goals compared to other technical elements like skating, stick handling, passing or team tactics?
 - Do the players have enough time to play the rebound?
 - How consistent are we in terms of demanding and correcting?
 - How often do we control the shooting technique?
 - Nowadays, the first shot is seldom a goal – what are the consequences for our offensive (scoring) behavior?
 - What do the players know about the goalie's point of view?



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Practice

Playbook San Jose Sharks: "I think that 90% of our practice take place between the tops of the circles".



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Thank you!

INTERNATIONAL ICE HOCKEY FEDERATION

Manuele Celio

SIHA

BRANDSCHENKESTR. 50 – POSTFACH

8027 ZÜRICH

SWITZERLAND

PHONE +41 44 562 22 Extension

FAX +41 44 562 22 Extension

MOBILE +41 79 774 07 Extension

E-MAIL NAME@IIHF.COM

www.IIHF.com

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