



FINNISH WAY TO PLAY ICE HOCKEY

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PRIORITIES IN GAME

OFFENCE

- 1. GOAL SCORING
- 2. WINNING THE SPACE
- 3. MAKING THE SPACE
- 4. DEFENSIVE READINESS

DEFENSE

1. PREVENT GOAL SCORING
2. PRESSURE
3. DEFENDING THE CENTRE
4. OFFENSIVE READINESS

REACTION ABILITY - CONTINUUM

GOAL SCORING

- FINNISH WEAKNESS – THE SECTOR THAT WE HAVE TO IMPROVE MOST
- WE (U18) ACCENTED GOING TO THE NET – IN PRACTICES TWO COACHES DEMAND GOAL SCORING
- SHOOTING SHOULD BE A PRIMARY SKILL IN FINLAND

THE GAME IS A CONTINUUM

RHYTHM IN GAME

1.

DEFEND (pressure / centre)



TAKEAWAY THE PUCK



ATTACK



SHOOT / SCORE

2.

FACE OFF WIN / OPP. DUMP



STAY IN PUCK (MAKE SPACE)



WIN THE SPACE



SHOOT / SCORE



CONTINUUM DEFEND / STAY IN PUCK

THE GAME IS A CONTINUUM – RHYTHM IN PLAYING

DEFENSIVE PRINCIPLES

- WE MUST HAVE MEN ADVANCE IN DEFENCE (TURNOVERS)
- TIGHT LINE UP IS IMPORTANT – PRESSURE OR CENTRE
- PRESSURE ALWAYS WHEN YOU ARE CLOSE – **STICK PRESSURE**
- DEFENCE ZONE PRESSURE – SECOND PLAYER READY TO PICK UP LOSE PUCK
- IF YOU ARE LATE – CHOOSE CENTRE

THE GAME IS A CONTINUUM – RHYTHM IN PLAYING

DEFENSIVE PRINCIPLES

LOST PUCK – IMMEDIATE REACTIONS

- **OFFENSIVE ZONE** - CONTINUE PRESSURE, IF IT IS EQUAL STRUGGLE
- IF NOT - FORWARDS (3.F) TOWARDS OWN NET – THEN PRESSURE IN NEUTRAL ZONE
- **NEUTRAL ZONE** – CLOSEST CONTINUES PRESSURE, TWO OTHER FORWARDS AND DEFENCE MEN INSIDE
- **DEFENSIVE ZONE** – COVER PASSES TO CENTRE

ALWAYS REACT AND WIN THE SPACE WHEN WE TAKE THE PUCK AWAY

FINNISH WAY TO PLAY ICE HOCKEY



THE GAME IS A CONTINUUM – RHYTHM IN PLAYING OFFENSIVE PRINCIPLES

WITH PUCK – SKATE AND WIN YOUR OWN 1-1, LOOK FOR 2-1

WITHOUT PUCK - CREATE 2-1 TO THE PUCK CARRIER,

- ALWAYS REACT AND WIN THE SPACE WHEN WE TAKE THE PUCK AWAY
-PLAYERS WITHOUT THE PUCK ARE THE MOST IMPORTANT
-IN OFFENSIVE ZONE PUCK TO THE NET
- WE TRY TO ATTACK WITH MEN ADVANCE – DEFENCE MEN MAKE
USUALLY THE ADVANTAGE
- IF OPPONENT HAS GOOD DEFENSIVE READINESS – KEEP THE PUCK AND
MAKE THE SPACE – YOU CAN TURN AROUND WITH THE PUCK
- KEEP NEUTRAL ZONE WIDE – WINGERS STAY IN THEIR LINE
- IN STRAIGHT ATTACKS – FROM CENTER TO THE NET

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THE GAME IS A CONTINUUM - RHYTHM IN GAME

1.

DEFEND (pressure / centre)



TAKEAWAY THE PUCK



ATTACK



SHOOT / SCORE

2.

FACE OFF WIN / OPP. DUMP



STAY IN PUCK (MAKE SPACE)



WIN THE SPACE



SHOOT / SCORE



CONTINUUM

DEFEND / STAY IN PUCK

**ABILITY TO CHANGE THE RHYTHM DEPENDING ON
OPPONENTS WEAKNESSES OR STRENGTHS**

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THANK YOU!